

ABC's of Drowning Prevention

“A” stands for Active Adult Supervision,

Children should be watched around water at all times. A momentary lapse of supervision from a caregiver, such as answering the phone, can result in a lifetime of remorse. Be vigilant in watching children, “floaties” are no substitute for supervision. During social gatherings at or near a pool, appoint a "designated watcher" to protect young children from pool accidents. When adults become preoccupied, children are at risk. Young children drown without a sound. When they slip into the water, children don't splash or cry out for help. No one ever thinks that it can happen to them, until tragedy strikes.

“B” stands for Barriers,

A pool fence and gate are only one type of barrier. The fence and gate have to be secure in order to effectively keep children out when there is no adult supervision in the pool area. There are also door alarms, power safety pool covers, water motion alarms, and other devices that can act as additional pool safety barriers.

“C” stands for Classes, such as swimming lessons, and learning CPR.